



EUROPEAN CHAMPIONS WPC/AWPC - 2022 POWERLIFTING, BENCHPRESS & DEADLIFT

Location: Kiskunfélegyházi Városi Sportcsarnok
Kiskunfélegyháza, Kossuth Lajos utca 35. H-6100 Hungary

Meet director: Sándor Freimann (+36-30-520-9193)

Main organizer: Zoltán Patyi (+36-70-935-8107)

Date: 22-26. June 2022

Lifting Schedule

22. June - WPC-AWPC: - POWERLIFTING equipped SINGLE and MULTIPLY all categories - women and men
& **POWERLIFTING RAW** all women and teen men

23. June - WPC-AWPC: - POWERLIFTING RAW, all men – junior, open, masters
& **POWERLIFTING RAW CLASSIC** all women and teen men

24. June - WPC-AWPC: - POWERLIFTING RAW CLASSIC, all men – junior, open, masters

25. June - WPC-AWPC: - BENCHPRESS RAW, single and multiply, all categories, women and men

26. June - WPC-AWPC: - DEADLIFT RAW, single and multiply, all categories, women and men

Opening ceremony: 9.30 h Start of competition: 1. day – 10.00 h; other day: 9.00 h

Weigh-in Schedule:

21. June 15.00 – 18.00 h

22-25. June 9.00-11.30; 15.00-18.00 h

All weigh-ins take place the day before lifting.

There will be no weigh-ins on the day of lifting!

Categories: All WPC/AWPC Weight Categories & All WPC/AWPC Age Divisions
Raw, Classic Raw, Singleply and Multiply
(In AWPC category 10 % of the athletes will be doping-tested.)

Age categories:

T1 13-15; T2 16-17; T3 18-19; Junior: 20-23; Submaster: 33-39; Open;

Masters: 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80+

Weight categories:

Women: 44, 48, 52, 56, 60, 67,5, 75, 82,5, 90, 100, 110+

Men: 52, 56, 60, 67,5, 75, 82,5, 90, 100, 110, 125, 140, 140+

Entry Fees: **WPC** First Event 70 €
 Additional Events 50 €/event
 AWPC First Event 85 €
 Additional Events 65 €/event
There is no Late Entry Fees!

Closing Date: **25. May 2022.** Team List to be emailed to
hungarianpowerliftingcongress@gmail.com by this date.
Each nation must set their own closing dates for lifters to submit their entry for
inclusion on the team list.

To Enter: Entry list: <https://awpc-wpc.hu>

**Awards will be given to the first three places in each Men's & Women's divisions
(medal and diploma)**

**Absolut: there will be one Men's and one Women's best lifter award in each division.
(Cup and diploma)**

Special Prizes: Prizes offered by the competition organizer and sponsors by category.

Rules: These Championships will be conducted using the WPC/AWPC Rules. The Rulebook
is available to download from the WPC Website
<https://worldpowerliftingcongress.com/>

Referees: Applications for refereeing from the referee of the international category WPC to
the e-mail address are accepted: hungarianpowerliftingcongress@gmail.com

Website: All information will be included on the championships website:
<https://awpc-wpc.hu>

See You in Kiskunfélegyháza